



Dear parents,

Each institution of the CSDM has a plan against bullying and violence in our schools, following the adoption of Bill 56.

Here is some important information that we want to convey to you:

At any time, a parent can contact a staff member or the school principal to report an event, whether her own child is involved or not.

Steps to follow when communicating with the school:

- **CONTACT** a teacher, an educator, or the principal
- **TELL** what you know about the situation.
- **CALL AGAIN OR WRITE TO** the school: **Tel: (514) 596-4572** or **email: b-vimont@csdm.qc.ca**

If you find out that your child is a victim of cyber bullying (internet), tell him or her to:

- **STOP** immediately to respond to the bully's messages.
- **AVOID** sending any insulting or threatening messages
- **BLOCK** the address(es) from where the bullying message(s) come from
- **SPEAK** about the situation to an adult he or she trusts, at school.
- **TRACE** the address(es) from where the bullying message(s) come from.
- **SAVE** all bullying messages received.

The information you will send is confidential.

I also wanted to inform you that our plan to fight violence and intimidation is now available on the WEB site of our school (barthelemy-vimont.csdm.qc.ca). You have also some information on the WEB site of SPVM (www.spvm.qc.ca/intimidation)

Marie Péloquin, principal